HANDOUT

SMILES PROGRAM
ADOLESCENT GROUP GUIDELINES

The following guidelines will help us to work well together, learn from each other and have a fun time.

- ♥ We encourage an atmosphere of education, support and self awareness.
- ♥ We listen when someone else is talking.
- ♥ We don't talk about other group members outside our group.
- ♥ It's OK to have feelings and ideas that are different from other group members. We respect and support each other.
- ♥ If anyone disrupts our group, they take 'time-out.'
- ♥ While participating in this program we do not consume alcohol, tobacco, or illegal substances.
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- ♥ Any information you share will be kept confidential unless you give permission to discuss it with anyone else. The **exception** to this will be if we believe that you or anyone else may be in danger. Before we disclose any information to someone outside our group, we will discuss it with you first.

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