THE 'INNERVIEW'

Purpose:

- Social and emotional development.
- Encourages development of:
  Self expression
  Communication skills
  Self awareness
  Ability to express feelings
  Responsiveness to others
  Relationships

Format:

- Have two of the 'mentors' demonstrate this activity for the children, otherwise select one of the children to demonstrate with you.

- Ask the children to pair-off with someone else in the group (preferably someone they don't know very well).

- Handout a copy of The 'Innerview' questions to each pair.

- Ask them to talk in their pairs, going through the list of questions. It's not important to move through all of them, more importantly to engage in conversation with each other.

- One child asks the questions and listens as the other child answers. After 10 minutes ask them to swap around, if they haven't already done so. Allow approx. 10 minutes per child.

- Re-join as a group and take a few moments for feedback from the children.

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Ref: Dale Carnegie Training