



Study Breaks for Young Carers

HSC: Monday 4th to Sunday 10th October 2010
School Certificate: Monday 1st to Sunday 7th November 2010

“Time for a well deserved break”

- Are you or someone you know caring for/living with someone with mental illness?
- Are you/they sitting for their HSC or School Certificate this year ?
- Is study time disrupted because of mental illness or your caring role?



House with no Steps can provide you with time for a well deserved break from your caring role.

Relax and study in quiet comfort in preparation for your exams.

Services are provided free of charge to eligible applicants:

- A home like environment with 24hour support
 - All meals, activities and laundry
- Transport to/from school and/or extra curricular activities as needed
- Support to navigate Board of Studies websites & study assistance if required

FOR MORE INFORMATION OR TO BOOK YOUR STAY, PLEASE CALL:



House With No Steps - Central Coast

Mental Health Respite Program

81 Hakone Road

Woongarah NSW 2259

Phone: (02) 4392 3862

Fax: (02) 4394 0712

E-mail: kmoes@hwns.com.au

