

**Joint
Inaugural World Children Of Parents with a Mental Illness Conference
(COPMI)
and
6th National Child & Adolescent Mental Health (CAMH) Conference**

Key Speaker Biographies

Keynote Speaker



William R Beardslee

Dr. William Beardslee is the Gardner-Monks Professor of Child Psychiatry at Harvard Medical School and directs the Baer Prevention Initiatives at Children's Hospital Boston. He has a longstanding interest generally in the prevention of mental illness and specifically in the prevention of depression in families. His Family Talk Intervention has been widely used in the United States and abroad as a preventive program for parents with depression and their children. He served as a member of the recent IOM Committee on the Prevention of Mental Disorders.

COPMI Keynote Speakers



Clemens Hosman

Prof. Clemens M. H. Hosman Ph.D., is Professor of Mental Health Promotion and Prevention of Mental Disorders at the Maastricht University (Health, Medicine and Life Sciences) and Radboud University Nijmegen (Clinical Psychology), the Netherlands, and director of the Prevention Research Centre, located at both universities. The Research Centre is oriented at prevention of depression, preventing transgenerational transmission of psychopathology (children of mentally ill parents), program development, prevention effectiveness studies, identification of effect predictors and evidence-based guidelines for effect management, innovation of prevention strategies and policies, and enhancing international collaboration. He is guest professor for prevention at the Faculty of Education and Social Rehabilitation of the University of Zagreb.

He has been involved in prevention since 1969 and has played a leading role in enhancing European and worldwide collaboration in prevention and mental health promotion. He was chair of the European WHO Task Force on Mental Health Promotion and Prevention (1995-1998) and the Clifford Beers Foundation (CBF) on Mental Health Promotion (1996-2000; 2008-) and he was the Chair, and is a current member of, the World Consortium for Prevention and Promotion in Mental Health (GCAPP). A prevention consultant for the World Health Organization Headquarters, Clemens Hosman has also been invited by many European countries to support them through consultation and training in the development of prevention and prevention research. He led the WHO project on Evidence Prevention of Mental Disorders, offering a global overview of the available knowledge on risk and protective factors and evidence-based programs to prevent the different mental disorders and to promote mental health.



Melina Marchetta

Melina Marchetta lives in Sydney and writes full time. Her first novel, *Looking for Alibrandi*, was released in 1992 to much acclaim, with a first print-run sellout within two months of its release. Published in 14 countries, including 11 translated editions, it swept the pool of literary awards for young adult fiction in 1993, including the coveted Children's Book Council of Australia (CBCA) Book of the Year Award (Older Readers). Dubbed "the most stolen library book", the popular novel was followed by her film adaptation of the same title released in 2000. While writing the AFI award-winning screenplay, Melina taught English and History full time, for ten consecutive years, at a city high school for boys.

During that time she released her second novel, *Saving Francesca*, in 2003, with the central character, Francesca, living in a family with parental depression. This was followed by *On the Jellicoe Road* in 2006. Both novels have been published in more than 6 countries, with *Saving Francesca* translated into 4 languages. Her current novel - the fantasy epic, *Finnikin of the Rock* - was recently released by Penguin Australia in October 2008. Melina has also written reviews and opinion pieces for *The Sydney Morning Herald*, *The Australian* and *The Australian Literary Review*, and has been a writer-in-residence around the country, as far north as Thursday Island and as far south as Hobart. She is currently working on her fifth novel, *The Piper's Son*.



COPMI National Family Forum (CNFF)

This diverse group of 9 consumers, carers and young carers with a broad range of perspectives and experiences has been brought together from across Australia. The role of CNFF members is to inform the national COPMI Team on consumer and carer perspectives across all areas of the COPMI national initiative. They are also a conduit for gathering and sharing information across networks and promotion of the national COPMI initiative.

The current CNFF members are Alexandra Athanasiadis, Joanne Cook, Margaret Cook, Beth Daws, Fiona Demunck, Lorna Downes, William Heggblum, Wayne Oldfield and Deborah Ross.

CAMH Keynote Speakers



Professor Louise Newman

Louise Newman has been appointed as Professor of Developmental Psychiatry and Director of the Monash University Centre for Developmental Psychiatry & Psychology since March 2009. Prior to this appointment she was the Chair of Perinatal and Infant Psychiatry at the University of Newcastle and the previous Director of the New South Wales Institute of Psychiatry. Professor Newman is a practicing infant psychiatrist with expertise in the area of disorders of early parenting and attachment difficulties in infants. She has undertaken research into the issues confronting parents with borderline personality disorder and histories of early trauma and the impact on infant

neurobiological and psychological development. Her current research is focussing on the evaluation of infant-parent interventions in high risk populations, the concept of parental reflective functioning in mothers with borderline disorders and the neurobiology of parenting disturbance. Professor Newman is involved in the education of psychiatrists and a range of mental health professionals in the areas of attachment theory, psychoanalytic and development theory and infant-parent psychotherapies.

Professor Newman is involved in advocacy for refugees and asylum seekers and is the Convener of the Alliance of Health Professional for asylum seekers. She represents the RANZCP on issues relating to asylum seekers mental health.



Professor Brett McDermott

Brett McDermott is an Australian graduate and trained in Psychiatry and Child Psychiatry in the UK and Sydney.

Current appointments are the Director of the Mater Child and Youth Mental Health Service in Brisbane and Associate Professor at the University of Queensland. Professor McDermott is also a By-Fellow at Churchill College, Cambridge University; the Foundation Director of the Eating Disorders Team at the Princess Margaret Hospital for Children; scientific convenor of the 2006 IACAPAP World Congress and a member of the Australian National Mental Health Disaster Response Committee. In 2006 Professor

McDermott was made a Director of the Australian depression initiative, Beyond Blue. Clinical and research areas include children and adolescents with eating disorders, emotional trauma and service provision implications of tertiary child mental health services.



Professor Beverley Raphael

Professor Raphael (AM,MBBS,MD,FRANZCP,FASSA, FRCPsych, Hon.MD (N'cle, NSW)) is Professor of Psychological Medicine, ANU Medical School, The Canberra Hospital; Professor of Population Mental Health and Disasters & Director, University of Western Sydney and Emeritus Professor in Psychiatry, the University of Queensland.

She is a long term advocate for mental health programs for children and has developed a number of programs in this field as well as carrying out extensive research. She is the Chair of the Australian Child Trauma Loss and Grief Network at ANU Medical School as well as being the expert mental health advisor of the Australian Medical Associations

Child Health and Public Health Committees and is the current chair of the National Mental Health Disaster Taskforce - Child and Adolescent Working Group. She is also a member of faculty of Child and Adolescent Psychiatry with RANZCP.

She also has a long-term involvement and expertise in research and management in the area of trauma, grief and disasters, and more recently response to terrorism and its mental health correlates and consequences.

She is the author of *The Anatomy of Bereavement* (1983), *When Disaster Strikes* (1986), co-editor of the *International Handbook of Traumatic Stress Studies* (1993), co-editor of the *Handbook of Preventative Psychiatry* (1995) and co-editor of *Psychological Debriefing: Theory, practice and evidence* (2000), as well as numerous scientific articles.