Acknowledgments
No program is ever developed without the valuable input of a number of people. A special mention and sincere thanks to:

Sharon Boyd, Sofia Korac, members of NSW Young ARAFMI, my tutor, Helen Reese, at the Australian College of Applied Psychology, and my husband at the time of development, Alan Smith.

A particularly special mention must go to the following, for assistance during the implementation phase, 1998-2003:
Mental Illness Education – Australia (NSW) Inc - for their invaluable administrative support.

Dr Stephen Matthey, Senior Clinical Psychologist and Research Director for Infant, Child & Adolescent Mental Health Service, South West Sydney Area Health Service - for his invaluable guidance, assistance and mentoring throughout the evaluation, report writing and journal article processes.

The following dedicated people who co-facilitated, assisted or acted as mentors for the programs delivered between 1998 and 2005: Norma Albornoz, Dennis Hunter-Papp, Jeff Jackson, Nickolas Yu, Michelle Lawler, Leigh Underwood, Joanne Kielo, Lynne Harrold, Hoda Taef, Debbie Smith, Renata Ho'are, Fiona Robards, Bronwyn Hyde, Glenise Shelley, Catherine Kellett, Ian Rawson, Sheena Wilson, Lorna Downes, Geoff Holmes, Cristy Marshall, Elizabeth Osborne, Rebecca Murphy.

The following organisations who either fully or partially funded the programs delivered between 1998 and 2005: Fairchild Australia, Fairfield Mental Health Service & Rehabilitation Service (NSW), Orange Community Health Centre (NSW), CLSC Lac-Saint-Louis (Canada), Western Sydney Area Health Service (NSW), ARAFMI Central Coast (NSW), Bankstown Mental Health Service (NSW), Carers NSW, Greater Western Area Health Service (former Mid Western Area Health Service, NSW).

Carers NSW and Dr Deanna Pagnini – for embracing the SMILES Program as part of the Carers Mental Health Project and providing the opportunity for implementing the first longitudinal follow up of participants.

Lorna Downes and Geoff Holmes, Carers NSW Mental Health Project - for assistance with the May 2006 revised program edition, also informed by evaluation results from five programs delivered as part of Carers Mental Health Project.

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It is recommended that the program be delivered as it has been designed over three consecutive days, as per the suggested daily plan. This has proved to be a very effective format (see program evaluation). The life skills activities are appropriate for use in individual counselling sessions, may be adapted for use with other populations and have all been used successfully with adults as well as children.
Should you use any part of the program in any form or by any means please acknowledge the author, Erica Pitman, in full.

When delivering a SMILES Program it is the responsibility of the organisation/facilitators to ensure
that:

- All facilitators have an appropriate professional qualification (e.g. counselling, social work, psychology, mental health); have experience working in the area of mental illness, previous training and experience working with children and experience with group facilitation.
- Current Child Protection Policies/Legislation and reporting requirements are adhered to.
- Adequate insurance (workers compensation, professional indemnity and professional liability) is current.
- Adequate program and clinical supervision processes are implemented.

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